

# 20/20 Vision After DSAEK and DMEK: Are They Equal?

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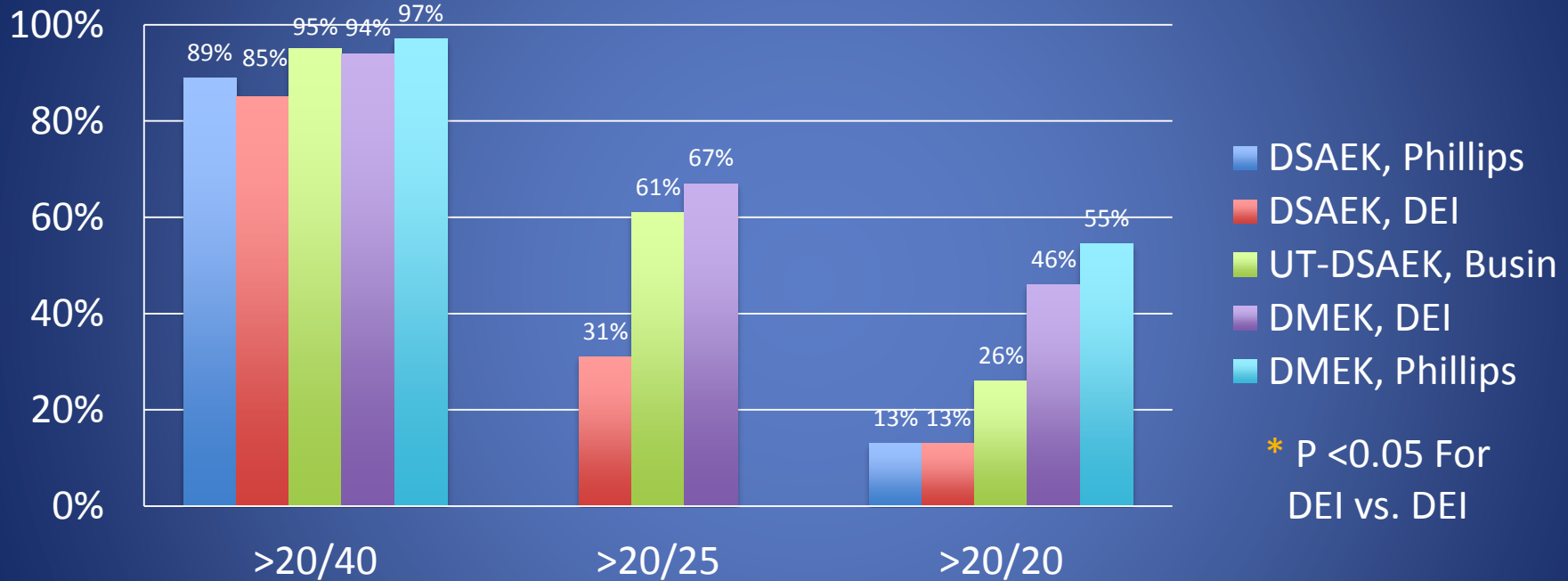


# Disclosures

No financial interests relevant to this talk

# Vision: DSAEK Versus DMEK

## 6-month BSCVA: DSAEK vs. UT-DSAEK vs. DMEK



Terry MA et al: The First 100 Eyes of Standardized Descemet Stripping Automated Endothelial Keratoplasty versus Standardized Descemet Membrane Endothelial Keratoplasty. Ophthalmology. 2015 Nov;122(11):2193-9

Phillips P et al: An experienced DSAEK surgeon's transition to DMEK: Outcomes comparing the last one hundred DSAEK surgeries with the first one hundred DMEK surgeries exclusively using previously published techniques. Cornea 2016. In press

Busin M et al: Ultra-thin DSAEK with microkeratome double pass technique. Ophthalmology. 2013; 120:1186-94.

# DSAEK and Contralateral Eye DMEK

- Guerra et al (Price Group): Cornea 2011;30:1382-1386
  - N = 15 pts with both DSAEK and DMEK
  - Average best spectacle corrected visual acuity (BSCVA) at 1 year?
    - DMEK 20/24, DSAEK 20/32
  - Percent 20/20 or better?
    - DMEK: 38%, DSAEK 8%
  - Which surgery would patients recommend to a friend or relative?
    - DMEK 62%, DSAEK 15%, No Preference 23%

# DSAEK and Contralateral Eye DMEK

- Rootman et al: Am J Ophthalmol. 2015 Jan;159(1):155-9
  - N = 17 pts with both DSAEK and DMEK
  - Average BSCVA at 6 months?
    - DMEK 0.25 (20/36), DSAEK 0.39 (20/49)
  - Subjective level of average satisfaction?
    - 6 after DMEK, 4.87 after DSAEK
  - Which surgery would they prefer if given a choice?
    - DMEK 80%, 20% no preference

# “Ultrathin” DSAEK Versus DMEK

- Van Zyl, Terry et al: ARVO 2014
  - N = 21 pts with DMEK and contralateral ultrathin DSAEK
    - < 100 um post op
  - Average BSCVA at 6 months?
    - DMEK 20/24, DSAEK 20/28
  - Percent 20/20 or better?
    - DMEK: 45%, DSAEK 18%
  - Which eye do you prefer?
    - 74% DMEK, 21% DSAEK, 5% no difference

- Patients generally prefer their DMEK eye
- In our experience, this holds true even when visual acuities are similar between the eyes
  - Why?
- Snellen visual acuity obtained using high contrast charts does not tell the whole story

# Visual Quality

- 20/30 DSAEK female post-op preferred that eye compared to her 20/20 eye with 3-4+ guttae

## Relationship between Corneal Guttae and Quality of Vision in Patients with Mild Fuchs' Endothelial Corneal Dystrophy

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**Purpose:** To investigate the effect of the severity of corneal guttae on quality of vision (QOV) in patients with mild Fuchs' endothelial corneal dystrophy (FECD).

**Ophthalmology. 2015 Oct;122(10):2103-9**

- Examined patients with mild Fuchs without edema
- Corneal guttata cause light scatter
- Impacts contrast sensitivity



# Functional Vision Study

We evaluated 13 patients with DSAEK in one eye and DMEK in the fellow eye

	DSAEK EYE	DMEK EYE
Age	70.5	70.5
Pre-op BSCVA	20/40	20/38
Post-op BSCVA	20/26	20/22
Pre-op CCT	646	636
Post-op CCT	657	543
6 mos ECD	1974	1967
% Triple Procedure	43%	64%

Results: DMEK eyes showed superior contrast sensitivity compared to DSAEK eyes and approached the contrast sensitivity of normal eyes.

# Corneal Higher Order Aberrations (HOAs)

- Degrade visual quality
- Fewer posterior corneal HOAs in DMEK compared to DSAEK

## Corneal Higher-Order Aberrations after Descemet's Membrane Endothelial Keratoplasty

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**Ophthalmology. 2012 Mar;119(3):528-35**

## Higher-Order Aberrations after Endothelial Keratoplasty: Comparison of DMEK and “thin” DSAEK

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**ARVO 2014**

- Are HOAs more prevalent in DSAEK compared to DMEK when best corrected visual acuities are identical?
  - Could this explain patient preference for DMEK?
- In this present study, we identified patients with equivalent 20/20 BSCVA after DSAEK and DMEK and then analyzed higher order aberrations.

# Methods

- Retrospective review of a consecutive series of patients with 20/20 BSCVA after surgery
  - After a minimum of 6 months
- Forty-nine eyes of 41 patients in the DSAEK group
- Ninety-six eyes of 77 patients in the DMEK group
- Corneal aberrations were measured using the Pentacam rotating Scheimpflug camera

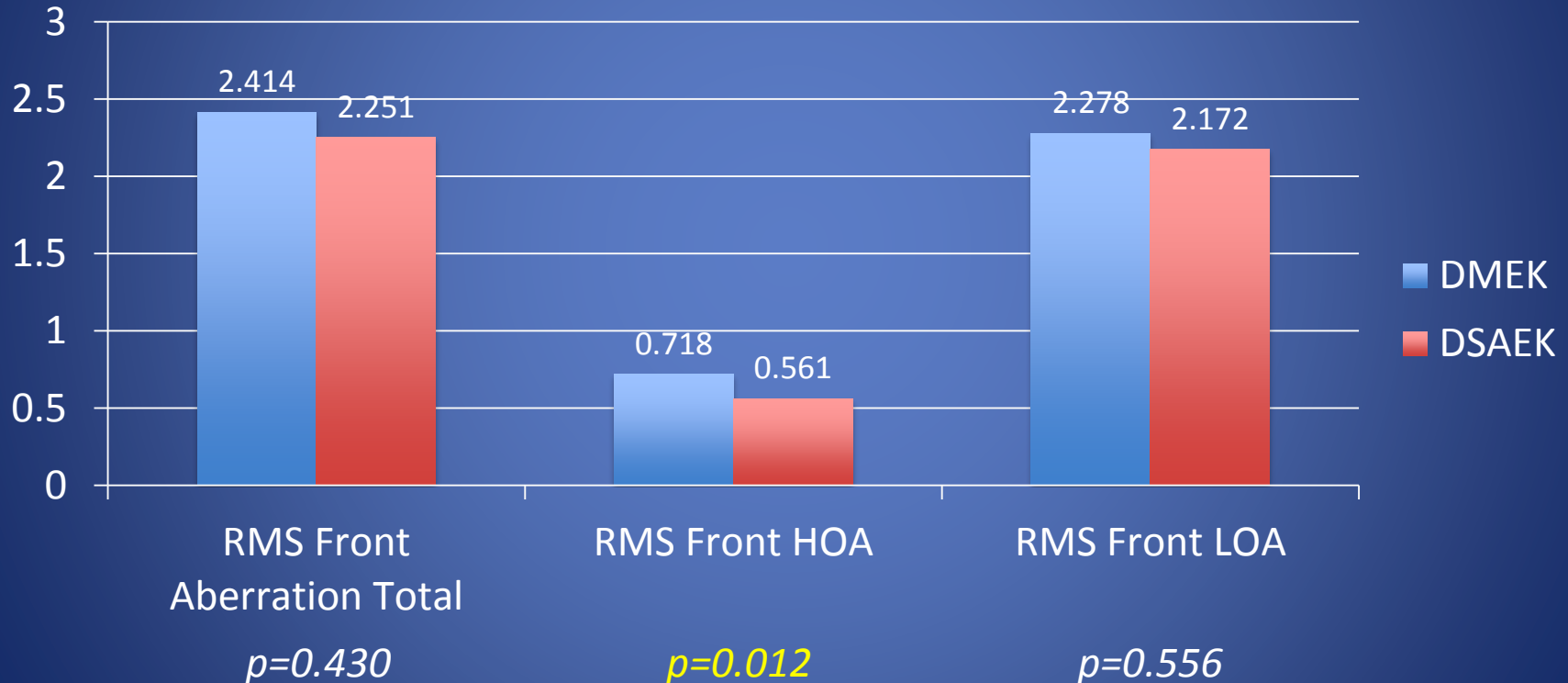
# Pentacam

- Utilized in many studies to analyze higher order aberrations
  - Kruse et al: *Ophthalmology*. 2012 Mar;119(3):528-35
  - Melles et al: *Am J Ophthalmol*. 2014 Jul;158(1):71-79
- Good Pentacam repeatability coefficients have been found using the on-board software
  - Muftuoglu et al: Corneal higher-order aberrations after Descemet's stripping automated endothelial keratoplasty. *Ophthalmology* 2010;117:87884

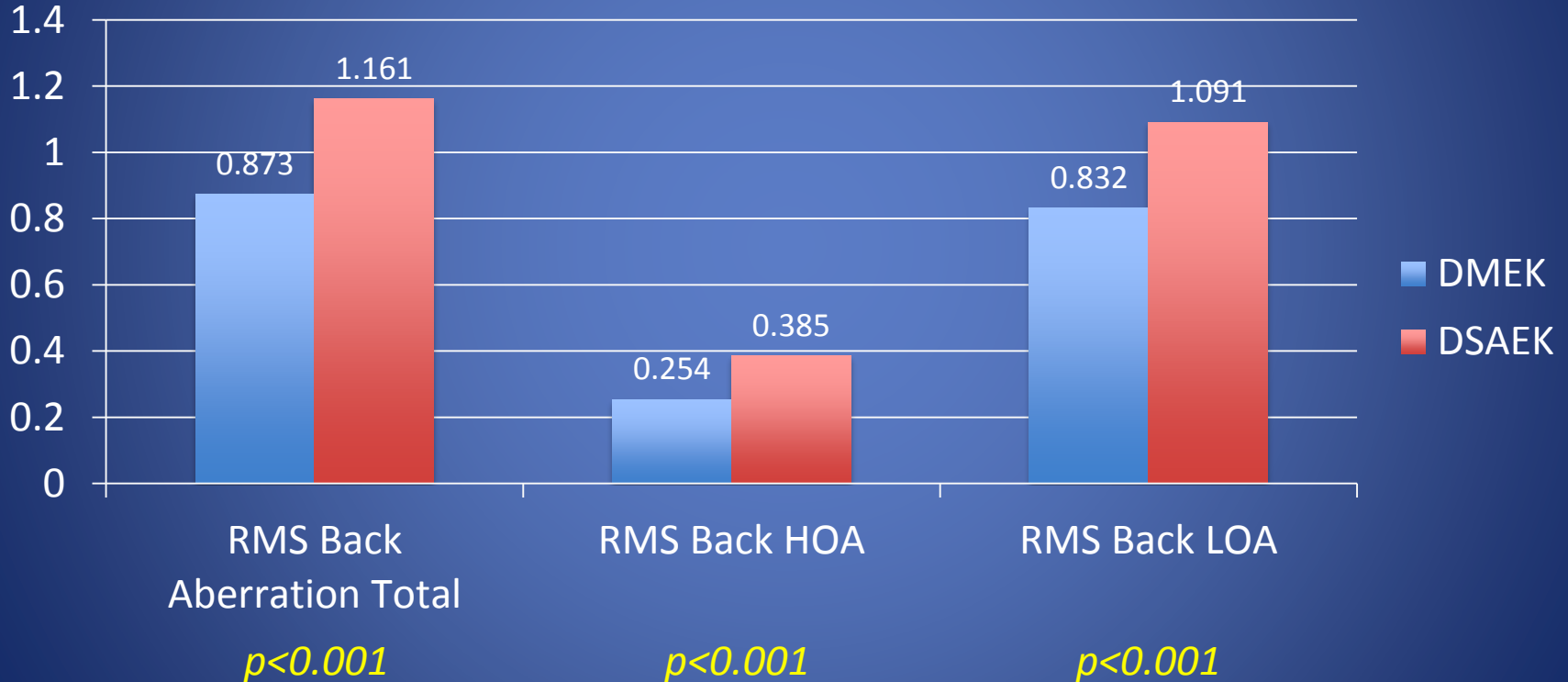
# Demographics

	DSAEK (N=49)	DMEK (N=96)
Age (Mean $\pm$ SD)	65.2 $\pm$ 8.7	65.3 $\pm$ 9.1 years
Gender	34.7% Male 65.3% Female	33.3% Male 66.7% Female
Follow up	6-36 Months (Average 15)	6 Months
Triple Procedure	85.7%	80.2%
DSAEK Thickness <140 Microns Pre-op* (N=38)	55.2%	NA
Pre-op Visual Acuity (Mean)	20/41	20/32

# Results – Cornea Front

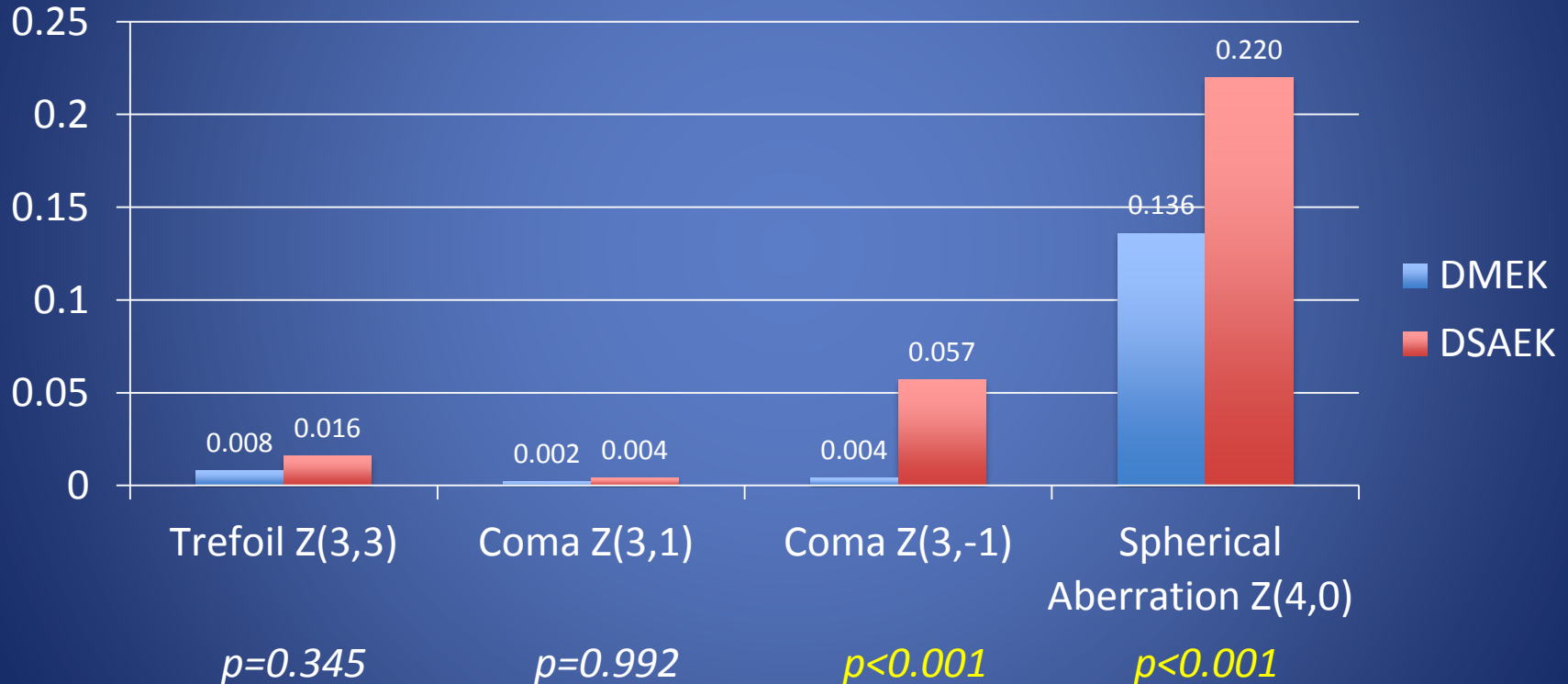


# Results – Cornea Back





# Results – Cornea Back



- No significant differences were found in total corneal higher order aberrations

# Discussion

- Data from this cohort of patients with 20/20 BSCVA after DSAEK and DMEK revealed the following:
  1. Greater total **anterior** HOAs in DMEK when compared to DSAEK
    - Why higher in DMEK than DSAEK?
    - Not found in other studies<sup>1</sup>
  2. Greater **posterior** HOAs in DSAEK when compared to DMEK

# Discussion

- A significant correlation between anterior corneal HOAs and BSCVA has previously been reported<sup>1</sup>
- In our 20/20 BSCVA cohort, DSAEK anterior HOAs approached those of controls in other studies<sup>2</sup>, while DMEK anterior HOAs were slightly higher
- Likely that you need to be below a certain threshold of anterior HOAs to be able to achieve 20/20 BSCVA
  - Threshold may be higher in DMEK given fewer posterior HOAs and resultant better quality of vision

# Discussion

- Posterior HOAs
  - Influence visual quality more than visual acuity
  - Fewer posterior HOAs after DMEK when compared to DSAEK, **even with equivalent 20/20 vision**
    - Highly statistically significant
    - At least partially explains patient preference of DMEK over DSAEK, even when Snellen visual acuities are equivalent

# Conclusion

- Patient preference for vision after DMEK compared to DSAEK is likely due, at least in part, to differences in posterior corneal higher order aberrations
  - Fewer in DMEK compared to DSAEK
    - Even with equivalent 20/20 BSCVA
  - Degrade visual quality
    - Do not significantly affect Snellen visual acuity
- Future studies comparing DSAEK and DMEK outcomes should include measures of quality of vision
  - Not all 20/20 eyes are created equal

# Future Directions

- Expand our testing of patients with DMEK and contralateral DSAEK, with equivalent Snellen 20/20 visual acuity, to include the following:
  - Contrast sensitivity
  - Light scatter
  - Patient preference
    - Tailored questionnaire

Thank you!



Questions?

